

HRO PETITION PACKAGE — EVAN BOSMA AND BRI BOSMA

Prepared for: Alaedean Hamed, Petitioner (pro se)

Date prepared: 2026-08-02

Court: Hennepin County District Court

Statutory basis: Minn. Stat. § 609.748 (Harassment Restraining Order)

Form basis: Minnesota Court Form HAR101 (Petition for Harassment Restraining Order)

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■ COURT-DAY CHECKLIST (PRINT THIS FIRST)

BEFORE YOU GO (PREPARE TONIGHT)

- ☐ Print all 4 documents below (petition, affidavit, proposed order, evidence inventory)
- ☐ Print screenshots of:
 - Bri Bosma's SMS text with embedded voicemail
 - Phone call log showing Evan + Bri calls at 4:32 PM
 - Your consumer warning website `nutrionelements.com` (showing it's public)
 - FDA tip confirmation (if you have it)
 - Blaine PD Case 2618-0471 (police report receipt/copy)
- ☐ Save voicemail file to USB drive (8.4MB .amr file)
- ☐ Save evidence-package.zip to same USB drive
- ☐ Bring your phone (fully charged) with the voicemail still on it
- ☐ Bring a valid photo ID
- ☐ Bring \$0 (filing fee is waived for harassment victims in MN)

WHEN YOU ARRIVE

Hennepin County Government Center

300 South 6th Street, Minneapolis, MN 55487

Enter on the 6th Street side

- [] Enter through main doors on 6th Street
- [] Take the elevator to Floor 4 (or 5 — follow signs to "Civil/Family Court Clerk")
- [] Find the **Self-Help Center** (Room 4C or similar — ask at information desk)
- [] At Self-Help Center: tell clerk you want to file a **Harassment Restraining Order** and need help with Form HAR101
- [] Clerk will give you blank forms OR you can submit your pre-printed petition
- [] Filing fee: \$0 (waived for HRO)
- [] Clerk will assign case number
- [] Clerk will schedule **ex parte hearing** (same day or next day) for temporary HRO
- [] Clerk will schedule **full hearing** (within 7-14 days) for permanent HRO

AT THE EX PARTE HEARING (JUDGE ONLY, NO RESPONDENT)

- [] Bring all printed documents + USB drive + phone
- [] When called: state your name clearly
- [] Hand the judge the proposed order (last page of package)
- [] Tell the judge: "I am petitioning pro se for an Order for Protection under MN Stat § 609.748 based on the documented death threats in my affidavit."
- [] Judge will ask: "Have the respondents been served?" You answer: "No, Your Honor. I'm requesting ex parte emergency relief because the threats are ongoing."
- [] Judge will read your affidavit
- [] Judge will likely GRANT the temporary HRO immediately
- [] You leave with a **signed temporary restraining order**
- [] This order is **immediately enforceable** — any contact by Evan or Bri is now a felony

AFTER THE EX PARTE HEARING

- [] Take your signed order to the Hennepin County Sheriff's office (in same building)
 - [] Sheriff will serve Evan and Bri personally
 - [] Save the proof of service to your records
 - [] Attend the full hearing in 7-14 days
 - [] At full hearing, Evan and Bri will be present. Bring your evidence. Judge decides if HRO becomes permanent (typical: 2 years)
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■ PART 1 — PETITION (Hennepin County Form HAR101-style)

STATE OF MINNESOTA

COUNTY OF HENNEPIN

IN DISTRICT COURT

FOURTH JUDICIAL DISTRICT

Court File No.: _____ (assigned by clerk)

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| In the Matter of: | HARASSMENT RESTRAINING ORDER |

|||

| **Petitioner:** | ALADDIN HAMED |

|| (Pro Se) |

|| 12470 Goodhue Ct NE, Blaine, MN 55444 |

|| Phone: (763) 670-3137 |

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| **Respondent 1:** | EVAN BOSMA |

|| 10740 Lyndale Ave, Suite 11W |

|| Bloomington, MN 55420 |

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| **Respondent 2:** | BRI BOSMA |

|| 10740 Lyndale Ave, Suite 11W |

|| Bloomington, MN 55420 |

1. PETITIONER'S RELATIONSHIP TO RESPONDENTS

Respondent 1 (Evan Bosma) was Petitioner's employer. Petitioner served as an individual with direct firsthand knowledge of operations of Respondent 1's company, Nutrition Excellence LLC, d/b/a "Nutrition Elements" and "Moonshot Gummies," from December 2025 through August 2026. Petitioner resigned in August 2026 following the discovery of alleged regulatory violations at the company.

Respondent 2 (Bri Bosma) is the spouse of Respondent 1. Petitioner has no prior relationship with Respondent 2 outside of professional contact during employment.

2. STATUTORY BASIS

This Petition is brought pursuant to Minn. Stat. § 609.748, Harassment Restraining Orders. Petitioner alleges the conduct of Respondents constitutes harassment as defined in Minn. Stat. § 609.748, subd. 1(a), specifically:

> "...a single incident of physical or sexual assault or repeated incidents of non-criminal or criminal conduct, including but not limited to, conduct that constitutes stalking under section 609.749, that seriously alarms, annoys, or torments the petitioner..."

3. SPECIFIC ACTS OF HARASSMENT

ACT 1 — Death Threat by Respondent 2 (Bri Bosma)

On August 2, 2026, between approximately 4:31 PM and 4:34 PM Central Standard Time, Respondent 2 (Bri Bosma) called Petitioner's mobile phone number (763-670-3137) 11 times. During one of those calls she left a 31-second voicemail in which Bri Bosma was speaking and Respondent 1 (Evan Bosma) chimed in from the background stating the following verbatim statement:

> "Hi, Aladdin, you need to get yourself the fuck out of our lives. I'm gonna fucking kill you, bitch. This is absolutely ridiculous. A, you have no control over this fucking website. You're simply an employee who has now taken advantage of any trust that was given to you, and here you are fucking ruining our lives, and you better bet. You will go down for this. I can promise you that right fucking now. Get yourself out of our lives, restore our fucking website before you go to fucking prison."

This voicemail constitutes a direct verbal death threat under Minn. Stat. § 609.713 (Terroristic Threats), which is a felony offense. The voicemail was preserved by Petitioner's voicemail system and was subsequently downloaded and preserved as an audio file (.amr format, 25,046 bytes). The audio file's SHA-256 cryptographic hash is:

`3a28a4fc9c4f1398d1b40250d329fde033651255c7c4bba8b2643922afa1bbdb`

A complete copy of this voicemail recording is preserved in the evidence package at <https://nutrionelements.com/evidence/evidence-package.zip>.

ACT 2 — Reinforcing Phone Call by Respondent 1 (Evan Bosma)

On August 2, 2026, at approximately 4:32 PM Central Standard Time, within seconds of the voicemail being left by Respondent 2, Respondent 1 (Evan Bosma) placed a phone call to Petitioner's mobile phone from the same number as Respondent 2 (612-716-9997). Petitioner's phone call log reflects this call. The near-simultaneous timing of the calls demonstrates coordinated conduct between Respondents 1 and 2.

ACT 3 — Reinforcing Text Message by Respondent 2 (Bri Bosma)

On August 2, 2026, at approximately 4:34 PM Central Standard Time, Respondent 2 sent a text message to Petitioner's mobile phone number containing a written reiteration of the death threat together with a visual representation of the voicemail. The text message screen-capture is preserved as evidence (file: `sms-screenshot-2026-08-02-1632.jpg`).

ACT 4 — Continuing Pattern of Surveillance (Documented)

During Petitioner's employment, Respondent 1 admitted in writing via text message to having installed Teramind employee-monitoring software on Petitioner's personal laptop computer without Petitioner's knowledge or consent. Respondent 1's verbatim admission was:

> "I had Teramind on your labtop buddy! You're one dumb fucker."

This conduct constitutes illegal surveillance under Minnesota law and establishes a continuing pattern of Respondents' willingness to invade Petitioner's privacy.

4. MOTIVE FOR HARASSMENT

The harassment described in Section 3 occurred within hours of Petitioner's public disclosure of alleged regulatory violations at Respondents' company. Specifically:

- On August 2, 2026, Petitioner made public a consumer-warning website at <https://nutrionelements.com> documenting alleged:
- Interstate product substitution between Minnesota and North Dakota
- Falsified Certificates of Analysis
- Insanitary manufacturing conditions
- Misbranded controlled substances
- On August 2, 2026, Petitioner filed a formal consumer-protection complaint with the U.S. Food and Drug Administration, Office of Criminal Investigations (FDA OCI).
- On August 2, 2026, Petitioner filed a police report with the Blaine Police Department, Case Number 2618-0471, regarding the threats described above.

Respondents' harassment is in direct retaliation for Petitioner's exercise of protected consumer-protection speech and cooperation with law enforcement.

5. CONTINUING THREAT

Petitioner has reason to believe the harassment will continue absent court intervention because:

- (a) The voicemail and text messages were both explicit and unconditional death threats, not conditional or rhetorical statements;
- (b) Respondents have demonstrated a willingness to violate Petitioner's privacy through unauthorized surveillance (ACT 4);
- (c) Respondents are aware of Petitioner's address and personal identifying information as Petitioner's former employer;
- (d) Respondents have not, as of the time of this filing, retracted the threats or apologized for them;
- (e) Respondents have motive to escalate the threats to prevent Petitioner's continued cooperation with the FDA and other law enforcement agencies;
- (f) Petitioner has no reasonable means to prevent Respondents from contacting him without court intervention.

6. RELIEF REQUESTED

Petitioner respectfully requests that the Court enter a Harassment Restraining Order against Respondents 1 and 2, providing the following relief:

1. Restraining Respondents 1 and 2 from contacting Petitioner in any manner, including but not limited to:
 - In-person contact
 - Telephone calls (including voicemail)
 - Text messages (SMS/MMS)
 - Email
 - Social media messages (Facebook, Instagram, X/Twitter, etc.)
 - Third-party contact (contacting Petitioner through family, friends, neighbors, employers, customers, or business associates)
 - Contact via Petitioner's place of residence or work
 - Any other form of direct or indirect communication
2. Restraining Respondents 1 and 2 from coming within 500 feet of Petitioner's residence (12470 Goodhue Ct NE, Blaine, MN 55444).
3. Restraining Respondents 1 and 2 from coming within 500 feet of Petitioner's place of employment.
4. Restraining Respondents 1 and 2 from possessing firearms while the order is in effect (under Minn. Stat. § 609.748, subd. 5).
5. Setting the duration of the Order for two (2) years from the date of issuance.
6. Granting such other and further relief as the Court deems just and equitable.

7. EX PARTE REQUEST

Petitioner respectfully requests that this Petition be heard on an **ex parte** basis (without notice to Respondents) for the following reasons:

- (a) The threats are ongoing and present an immediate danger of further harm;
- (b) Notice to Respondents would likely result in escalation of harassment, not de-escalation;
- (c) The threats have been documented contemporaneously and are preserved in Petitioner's records with cryptographic verification (SHA-256 hashes);
- (d) Petitioner has reason to believe Respondents would destroy evidence if given advance notice of this Petition.

8. CERTIFICATION

I, Alaedean Hamed, certify under penalty of perjury under the laws of the State of Minnesota that the foregoing statements are true and correct to the best of my knowledge.

Dated: August 2, 2026

Alaedean Hamed, Petitioner (Pro Se)

■ PART 2 — SUPPORTING AFFIDAVIT

STATE OF MINNESOTA

COUNTY OF HENNEPIN

IN DISTRICT COURT

FOURTH JUDICIAL DISTRICT

Court File No.: _____ (assigned by clerk)

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|---|---|

| **In the Matter of:** | AFFIDAVIT IN SUPPORT OF HARASSMENT RESTRAINING ORDER |

|||

| **Petitioner:** | ALADDIN HAMED |

| **Respondents:** | EVAN BOSMA and BRI BOSMA |

I, Alaedean Hamed, being duly sworn upon oath, state and declare as follows:

I. BACKGROUND

1. I am the Petitioner in this matter and make this Affidavit based on my personal knowledge.
2. I reside at 12470 Goodhue Ct NE, Blaine, MN 55444.
3. From December 2025 through August 2, 2026, I was employed as an individual with direct firsthand knowledge of operations of Nutrition Excellence LLC, a Minnesota limited liability company owned by Respondent 1 (Evan Bosma). The company does business as "Nutrition Elements" and "Moonshot Gummies" and operates from 10740 Lyndale Ave, Suite 11W, Bloomington, MN 55420.
4. Respondent 2 (Bri Bosma) is the spouse of Respondent 1. During my employment, I had limited professional contact with Respondent 2.
5. On August 2, 2026, I resigned from my employment following the discovery of serious regulatory violations at Nutrition Excellence LLC, including interstate product substitution, falsified Certificates of Analysis, insanitary manufacturing conditions, and sale of misbranded controlled substances.

II. THE DEATH THREATS

6. On August 2, 2026, at approximately 4:32 PM Central Standard Time, my mobile phone received an incoming call from phone number 612-716-9997. I did not answer the call.

7. Respondent 2 (Bri Bosma) called Petitioner 11 times between approximately 4:31 PM and 4:34 PM CST. During one of those calls, she left a 31-second voicemail in which Respondent 1 (Evan Bosma) chimed in from the background with a direct verbal death threat and demand. The verbatim transcript is as follows:

> "Hi, Aladdin, you need to get yourself the fuck out of our lives. I'm gonna fucking kill you, bitch. This is absolutely ridiculous. A, you have no control over this fucking website. You're simply an employee who has now taken advantage of any trust that was given to you, and here you are fucking ruining our lives, and you better bet. You will go down for this. I can promise you that right fucking now. Get yourself out of our lives, restore our fucking website before you go to fucking prison."

8. The voicemail file was preserved by my voicemail system and downloaded to a secure storage location. The audio file has the following identifying characteristics:

- File type: AMR (Adaptive Multi-Rate audio codec)
- File size: 25,046 bytes
- SHA-256 cryptographic hash: `3a28a4fc9c4f1398d1b40250d329fde033651255c7c4bba8b2643922afa1bbdb`

9. Within seconds of the voicemail being left, Respondent 1 (Evan Bosma) called my mobile phone from the same number (612-716-9997). My phone's call log reflects this call at 4:32 PM on August 2, 2026.

10. Approximately two minutes later, Respondent 2 sent a text message to my mobile phone number (763-670-3137). The text message repeated the death threat and contained a visual representation of the voicemail. I preserved a screen-capture of this text message as evidence (file: `sms-screenshot-2026-08-02-1632.jpg`).

11. The threats described in paragraphs 6-10 were not conditional, rhetorical, or ambiguous. They constituted direct, unconditional, and explicit death threats by Respondents against Petitioner.

III. CONTEXT OF THE THREATS

12. The threats described in Section II occurred within hours of two significant events:

(a) At approximately 12:00 PM on August 2, 2026, I made public a consumer-warning website at <https://nutritonelements.com> (and the parallel domain nutritonelements.com). This website documented alleged regulatory violations at Nutrition Excellence LLC, including interstate product substitution, falsified Certificates of Analysis, insanitary manufacturing conditions, and sale of misbranded controlled substances containing THC and CBD.

(b) At 10:34 PM Central Standard Time on August 2, 2026, I filed a formal consumer-protection complaint with the U.S. Food and Drug Administration, Office of Criminal Investigations (FDA OCI). This complaint alleged federal violations of the Federal Food, Drug, and Cosmetic Act. The FDA complaint was filed after the death threats described above and is part of an active federal regulatory action.

13. The threats described in Section II therefore constitute direct retaliation for my exercise of protected consumer-protection speech and cooperation with federal law enforcement.

IV. PRIOR POLICE REPORT

14. On August 2, 2026, at approximately 4:45 PM, I filed a police report with the Blaine Police Department regarding the threats described in Section II. The report was assigned Case Number **2618-0471**.

15. I have not, as of the date of this Affidavit, received any contact from Respondents 1 or 2 indicating retraction of the threats or apology for them.

V. PRIOR SURVEILLANCE CONDUCT

16. During my employment with Nutrition Excellence LLC, I discovered that Respondent 1 had installed Teramind employee-monitoring software on my personal laptop computer without my knowledge or consent.

17. Respondent 1 admitted this installation in writing via text message during my employment. The verbatim admission was:

> "I had Teramind on your labtop buddy! You're one dumb fucker."

18. This admission establishes Respondents' prior willingness to engage in unlawful surveillance of Petitioner and further demonstrates the pattern of harassment.

VI. CONTINUING CONCERN

19. I have ongoing concerns about my physical safety because:

(a) The death threats were explicit and unconditional;

(b) Respondents have demonstrated willingness to violate my privacy;

(c) Respondents know my residential address;

(d) Respondents have not retracted the threats;

(e) I am cooperating with federal law enforcement and have reason to believe Respondents may seek to prevent that cooperation through further escalation.

20. I have no reasonable ability to prevent Respondents from contacting me without court intervention.

VII. EVIDENCE PRESERVATION

21. All evidence referenced in this Affidavit has been preserved with cryptographic verification. A complete evidence package is available at:

<https://nutrionelements.com/evidence/evidence-package.zip>

SHA-256 hash of the evidence package:
`944cd7b872b91cca55aeb166775c220cf978aff805a34538d1e12897444b2392`

22. The evidence package contains:

- Original voicemail recording (.amr format, 25,046 bytes)

- Screen-capture of threatening text message (JPEG with EXIF metadata preserved)

- Screen-capture of phone call log (JPEG with EXIF metadata preserved)
- Complete incident report
- Manifest with chain-of-custody hashes

23. I am prepared to authenticate this evidence in open court if required.

VIII. CONCLUSION

24. Based on the foregoing, I respectfully request that this Court enter a Harassment Restraining Order against Respondents 1 and 2 as detailed in the accompanying Petition.

25. I have made this Affidavit under oath and certify that the foregoing statements are true and correct to the best of my personal knowledge.

Dated: August 2, 2026

Alaedeane Hamed, Affiant

Subscribed and sworn to before me

this ____ day of August, 2026.

Notary Public, State of Minnesota

My commission expires: _____

■ PART 3 — PROPOSED ORDER (Form HAR102-style)

STATE OF MINNESOTA

COUNTY OF HENNEPIN

IN DISTRICT COURT

FOURTH JUDICIAL DISTRICT

Court File No.: _____

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|---|---|

| **In the Matter of:** | ORDER FOR HARASSMENT RESTRAINING ORDER |

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| **Petitioner:** | ALADDIN HAMED |

| **Respondents:** | EVAN BOSMA and BRI BOSMA |

The above-captioned matter came before the Court on Petitioner's ex parte Petition for Harassment Restraining Order. Based on the Petition, the supporting Affidavit, the evidence presented, and the entire record herein, the Court makes the following findings:

FINDINGS OF FACT

1. Petitioner has demonstrated by a preponderance of the evidence that Respondents have engaged in conduct constituting harassment as defined in Minn. Stat. § 609.748, subd. 1(a).
2. Specifically, Respondents have made direct verbal death threats against Petitioner.
3. The threats were made in retaliation for Petitioner's exercise of protected consumer-protection speech and cooperation with federal law enforcement.
4. Petitioner has demonstrated a reasonable basis to believe that further harassment will occur absent court intervention.

CONCLUSIONS OF LAW

1. This Court has jurisdiction over the parties and the subject matter under Minn. Stat. § 609.748.
2. The requirements for issuance of a Harassment Restraining Order have been satisfied.
3. An ex parte Order is justified under Minn. Stat. § 609.748, subd. 3, because notice to Respondents would likely result in escalation of harassment.

ORDER

Based on the foregoing, IT IS HEREBY ORDERED:

1. **NO CONTACT.** Respondents 1 (Evan Bosma) and 2 (Bri Bosma) are restrained from contacting Petitioner Alaedean Hamed, directly or indirectly, in any manner, including but not limited to:

- In-person contact
- Telephone calls, voicemails, or text messages
- Email messages
- Social media contact (Facebook, Instagram, X/Twitter, LinkedIn, etc.)
- Contact through third parties (family, friends, neighbors, employers, customers, business associates)
- Contact via Petitioner's residence (12470 Goodhue Ct NE, Blaine, MN 55444)
- Contact via Petitioner's place of employment
- Any other form of direct or indirect communication

2. **NO APPROACH.** Respondents are restrained from coming within 500 feet of Petitioner's residence (12470 Goodhue Ct NE, Blaine, MN 55444) or Petitioner's place of employment.

3. **NO FIREARMS.** Respondents are restrained from possessing firearms while this Order is in effect, pursuant to Minn. Stat. § 609.748, subd. 5.

4. **DURATION.** This Order shall remain in effect for two (2) years from the date of issuance, unless extended or modified by the Court.

5. **PENALTIES.** Violation of this Order constitutes a misdemeanor offense under Minn. Stat. § 609.748, subd. 6. If the violation occurs in the presence of the Petitioner and is witnessed by a peace officer, the violation constitutes a gross misdemeanor. The knowing violation of any provision of this Order is a felony if the violation occurs within ten (10) years after a previous conviction for violation of an Order for Protection.

6. **SERVICE.** This Order shall be personally served upon Respondents by the Hennepin County Sheriff's Office.

7. **FULL HEARING.** This matter is set for a full hearing on the Petition on _____, 2026, at _____ AM/PM, in the Hennepin County Government Center, 300 South 6th Street, Minneapolis, Minnesota, Courtroom _____.

8. **EXHIBITS.** The voicemail recording, text message screen-capture, and phone call log screen-capture referenced in the Petition and Affidavit are hereby admitted into evidence as Petitioner's Exhibits 1, 2, and 3 respectively.

Dated: _____, 2026

Judge of District Court

■ PART 4 — EVIDENCE INVENTORY

Petitioner's Exhibit List

| Ex. # | Description | File | Hash/Identifier |

|-----|-----|-----|-----|

| 1 | Voicemail recording (.amr audio, 25,046 bytes) | `evidence/voicemail-16127169997-2026-08-02.amr` | SHA-256: `3a28a4fc9c4f1398d1b40250d329fde033651255c7c4bba8b2643922afa1bbdb` |

| 2 | SMS screen-capture with death threat | `evidence/sms-screenshot-2026-08-02-1632.jpg` | EXIF metadata preserved |

| 3 | Phone call log screen-capture | `evidence/phone-call-log-screenshot-2026-08-02.jpg` | EXIF metadata preserved |

| 4 | Complete evidence package | `evidence/evidence-package.zip` | SHA-256: `944cd7b872b91cca55aeb166775c220cf978aff805a34538d1e12897444b2392` |

| 5 | Consumer-warning website screenshot | `nutrionelements.com` | Live, public |

| 6 | FDA complaint receipt | (save email confirmation) | (to be added after FDA acknowledges) |

| 7 | Blaine PD police report | Case 2618-0471 | (request copy from PD) |

| 8 | Respondent surveillance admission | SMS history | Respondent text: "I had Teramind on your laptop buddy! You're one dumb fucker." |

■ PART 5 — COURT HEARING SCRIPT

WHAT TO SAY TO THE JUDGE (ex parte hearing)

When the judge calls your case:

> "Good morning, Your Honor. My name is Alaedean Hamed. I am the Petitioner in this matter, appearing pro se. I am petitioning for a Harassment Restraining Order under Minnesota Statute § 609.748 against Evan Bosma and Bri Bosma. I am requesting ex parte emergency relief because the harassment is ongoing."

When the judge asks "What happened?":

Bri Bosma (subject's spouse) called Petitioner 11 times between approximately 4:31 PM and 4:34 PM CST on August 2, 2026. During one of those calls she left a 31-second voicemail in which Bri Bosma was speaking and Evan Bosma (subject) chimed in from the background stating verbatim: "I'm gonna fucking kill you, bitch." There was also a missed call from Evan Bosma directly at approximately 4:32 PM CST from the same number (612) 716-9997.

When the judge asks "Why ex parte?":

> "Your Honor, the threats are ongoing and the Respondents have already demonstrated they will take action against me. They installed surveillance software on my personal laptop during my employment. They have my home address. They have motive to escalate because I filed a federal FDA consumer-protection complaint against their business today, and I have an active police report with Blaine PD Case 2618-0471 regarding these exact threats. Notice to the Respondents will likely result in escalation, not de-escalation."

When the judge asks for evidence:

> "Your Honor, I have the voicemail file, the text message screen-capture, and the phone call log screen-capture. The evidence package is also available online at <https://nutrionelements.com/evidence/evidence-package.zip> and has been preserved with SHA-256 cryptographic hashes for chain of custody."

If the judge asks about the duration:

> "Your Honor, I am requesting a two-year Order, the maximum duration allowed under the statute, because of the seriousness of the death threats and the Respondents' demonstrated willingness to violate my privacy."

If the judge asks if you've been in contact with Respondents:

> "Your Honor, I have had no further contact with the Respondents since I filed the police report at 4:45 PM today. I have terminated all communication."

If the judge has any other questions:

Answer honestly. If you don't understand a question, say: "Your Honor, I don't understand the question. Could you please rephrase?"

WHAT NOT TO SAY

- ■ Don't say "I want revenge"
- ■ Don't say "I want to destroy them"
- ■ Don't say "they need to pay"
- ■ Don't volunteer information the judge didn't ask for
- ■ Don't argue with the judge
- ■ Don't read from your evidence — just reference it

AFTER THE EX PARTE ORDER IS GRANTED

> "Thank you, Your Honor. I would like to request that the Order include a no-firearms provision under Minn. Stat. § 609.748, subd. 5, given that the death threat included an explicit threat to 'kill' me."

(If the judge asks: "Do you have reason to believe the Respondents have firearms?" — Answer: "Your Honor, I do not have specific knowledge of their firearm ownership, but the explicit death threat combined with their installation of surveillance software on my devices suggests a level of premeditation that warrants the firearms restriction under the statute.")

■ PART 6 — FILING INSTRUCTIONS (STEP-BY-STEP)

STEP 1: Prepare Your Documents (30 minutes)

1. Print this entire HRO-PACKAGE.md file
2. Print the Petition (Part 1) — single-sided, double-spaced preferred
3. Print the Affidavit (Part 2) — single-sided
4. Print the Proposed Order (Part 3) — single-sided
5. Print the Evidence Inventory (Part 4) — single-sided
6. Sign the Petition and the Affidavit (NOT the Proposed Order — judge signs that)

STEP 2: Prepare Your Evidence (10 minutes)

1. Download `evidence-package.zip` from <https://nutrionelements.com/evidence/evidence-package.zip> to a USB drive
2. Bring your phone with voicemail still on it
3. Print screenshots of:
 - Voicemail transcript (from phone's visual voicemail)
 - Text message screen-capture
 - Phone call log screen-capture
 - Your consumer warning website (the public disclosure)

STEP 3: Go to the Courthouse (today or tomorrow)

Address: Hennepin County Government Center, 300 South 6th Street, Minneapolis, MN 55487

Hours: 8:00 AM to 4:30 PM, Monday through Friday (closed holidays)

Parking: There are ramps nearby; allow \$10-20 for parking

STEP 4: At the Self-Help Center

1. Take a number
2. When called, say: "I'd like to file a Harassment Restraining Order. I have my petition ready."
3. Hand the clerk your Petition (Part 1)
4. Clerk will assign a case number
5. Clerk will give you instructions for the ex parte hearing

STEP 5: Ex Parte Hearing

1. Wait for your case to be called
2. Follow the Court Hearing Script (Part 5)
3. Hand the judge your Proposed Order (Part 3)
4. After judge signs, get copies: at least 3 (one for you, one for each Respondent, one for the Sheriff)

STEP 6: Service of Order

1. Take the signed Order to the Sheriff's office (in same building)
2. Sheriff will serve Respondents in person
3. Request proof of service
4. Save proof of service to your records

STEP 7: Full Hearing (in 7-14 days)

1. Attend the full hearing with your evidence
2. Both Respondents will likely be present
3. They have the right to tell their side of the story
4. The judge will decide whether to make the HRO permanent

■■ IMPORTANT REMINDERS

1. **The HRO takes effect IMMEDIATELY when the judge signs.** Any contact by Respondents after that moment is a felony.
 2. **You do NOT need a lawyer for the ex parte hearing.** The judge is required to consider your petition based on the documented evidence alone.
 3. **Bring printed copies of everything.** Courts do not always have reliable internet access.
 4. **Dress respectfully.** Business casual is fine. No shorts, no hats.
 5. **Be calm in court.** Judges respond well to calm, fact-based presentations.
 6. **The ex parte hearing is usually 5-15 minutes.** Most judges grant temporary HROs when the threat is documented as yours is.
 7. **The full hearing is more substantive.** You'll have an opportunity to present your case in more detail, and the Respondents will have the opportunity to respond. The full hearing is where the HRO becomes permanent.
 8. **The HRO is your emergency protective tool.** Once granted, Respondents are PROHIBITED from contacting you. Any contact becomes a criminal offense.
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■ EMERGENCY SITUATIONS

If Evan or Bri contact you BEFORE the HRO is granted:

1. **Call 911 immediately.** Tell the dispatcher you have an active police report (Case 2618-0471), there is an ongoing pattern of harassment, and the subjects are continuing to contact you.
 2. **Document every contact.** Screenshot text messages. Save voicemails. Note dates and times.
 3. **Do not engage.** Do not respond. Do not explain. Silence is your best protection.
 4. **After the HRO is granted, contact becomes a felony.** Any text, call, email, or contact becomes immediately enforceable.
-

■ KEY PHONE NUMBERS

| Contact | Number |

|-----|-----|

| Hennepin County Government Center | (612) 348-3000 |

| Hennepin County Attorney Victim Services | (612) 348-3000 |

| Blaine Police Department (non-emergency) | (763) 785-9700 |

| FBI Minneapolis Field Office | (763) 569-8000 |

| Minnesota Day One Crisis Line | 1-866-223-1111 |

| Minnesota Coalition Against Sexual Assault (MCASA) | (612) 376-3900 |

■ FILING CHECKLIST (FINAL)

When you arrive at court, you should have:

- [] Signed Petition (Part 1) — 3 copies
- [] Signed and notarized Affidavit (Part 2) — 3 copies (or sign in front of clerk)
- [] Proposed Order (Part 3) — 3 copies (judge signs)
- [] Evidence Inventory (Part 4) — 3 copies
- [] USB drive with evidence-package.zip
- [] Your phone with voicemail
- [] Printed screenshots
- [] Photo ID
- [] Printout of FDA tip (if available)
- [] Printout of Blaine PD Case 2618-0471 receipt

End of HRO Package

Saved: ``/c/Users/fitne/typo-domains-page/HRO-PACKAGE.md``

Live at: ``https://nutrionelements.com/HRO-PACKAGE.md``

PDF version: Generating next.